

FLEXOLOGIST

Stretching Specialist

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| Job Category | Flexologist |
| Location | Stretch & Go-Oman, Muscat |
| Req. ID | 001 |
| Job Type | Full-time |

About Stretch & Go-Oman

Stretch & Go is the industry leader in one-on-one assisted stretching. Now launching in Oman, we bring our world-class wellness experience to support better movement, increased flexibility, and enhanced recovery. We are seeking passionate and experienced Fitness and Wellness Professionals to join our team as “Flexologists” – our unique title for trained assisted stretching specialists.

Responsibilities

- Deliver one-on-one assisted stretching sessions tailored to individual client needs.
- Lead group stretching classes and mobility sessions.
- Build relationships and communicate effectively with clients to understand goals and track progress.
- Provide education on proper stretching techniques, recovery, and movement.
- Maintain a clean, safe, and welcoming studio environment.
- Participate in ongoing education, workshops, and team events.

Requirements

- Certification or degree in fitness, wellness, or healthcare-related field (REPs Oman preferred).
- Flexologist, stretch & Go working experience strongly preferred
- Strong understanding of human anatomy and movement science.
- Excellent communication and customer service skills.
- Passion for helping others improve flexibility, mobility, and recovery.
- Willingness to complete the Mobility and flexibility Certification
- CPR/AED certification preferred.
- Background in one or more of the following: Personal Training level-4, Physiotherapy, Chiropractic Medicine, Yoga, Pilates, Massage Therapy, Kinesiology, or Athletic/performers Trainer.

What We Offer

- Competitive salary with commission and bonus opportunities
- Paid proprietary Flexologist -Mobility and Flexibility training
- Career development and continuing education.
- A dynamic and supportive team environment